

Noah's Ark News

8th September 2023

Dear Parents and Carers,

Welcome back to Noah's Ark after the Summer holiday! We are all looking forward to getting to know new families and welcoming back returning families after the summer break. If you have any questions or concerns please do speak to your child's Key Person or another member of staff.

The first week back has been spent getting the new children settled and familiar with the **timings and routines** at Preschool. We have had lots of warm sunshine so the children have enjoyed using the outside space.

It would be lovely if you could support your child to **recognise their name** on the magnetic wall in the corridor and put it on either the Yellow or Orange room board when they first arrive at Preschool. This helps us to see who has arrived and also helps your child begin to recognise the letters in their names. The younger children have an animal on their labels to help them to pick theirs out. Once your child has found their name, they can hang their coat and bag up on their peg in the Yellow or Orange room.

Noah's Ark is a **NUT FREE** preschool so please do not include any products containing nuts in your child's lunchbox. Please could you also slice grapes and cherry tomatoes in half to avoid the risk of choking.

Hope you have a lovely weekend in the sunshine,

The Noah's Ark Team.



www.noahsarkps.org.uk

Tel: 01179446229

UK Charity no. 1112004

Email : office@noahsarkps.org.uk




Let's go 30 Days Wild




To help you go wild this June, we've come up with 30 ideas!


This is just a guide - feel free to adapt any of these activities to your lifestyle, or come up with your own. It's completely up to you. For inspiration, take a look at what others are up to by keeping an eye on **#30DaysWild** on social media, and joining the 30 Days Wild Facebook group.

Look, touch and smell

01 Look for a feather, flower, bee and butterfly 

02 Feel a smooth leaf, lump of moss and wind on your face

03 Smell wild herbs or a flower 

04 Listen to water flowing, birds singing and bees buzzing 

Move in nature

05 Swing on a branch, hug or climb a tree


06 Exercise in nature 

07 Play a game outdoors 

08 Have a picnic 

09 Go on a nature treasure hunt

10 Splash in water 


11 Visit a nature reserve, park, garden or beach 

Discover nature

12 Go on a mini beast hunt 

13 Identify a bee, fly or a bee fly

14 Count and identify wildflowers


15 Learn five facts about your favourite bird, mammal or insect 

16 Speak up for nature - take part in a campaign

17 Camp out or go to a Big Wild Weekend event

18 Take the Big Wild Quiz 

Help nature

19 Reduce plastic waste 

20 Put out a water dish or make a mini pond

21 Sow wildflower seeds or feed the birds


22 Make a leaf pile, log pile or bee home for wildlife

23 Raise money for wildlife with a sponsored walk


24 Leave a patch of long grass and dandelions to grow for wildlife

25 Draw, paint or write about your favourite creature

Connect to nature

26 Take time to admire the beauty in nature 

27 Find what makes you happy in nature

28 Talk to a friend about what you love in nature 

29 Tell a wild story about nature

30 Share the best bits of 30 Days Wild with friends and family!



Take a photo, draw or write about nature, tell someone or share on social media **#30DaysWild**



Pulled String Painting

This is a fun and messy way of painting, so either make sure your table is well covered or take it outside.

You will need:

- String
- A thick crochet thread is good, but you can experiment with different thicknesses
- Paint - Liquid paint preferred
- Painting pots
- Mixing sticks
- Light card or heavy paper
- Old book or another heavy flat object
- Paper towels

What to do:

1. Prepare the paint

If the liquid paint is very thick mix in a small amount of water, you do want a concentrated colour but also you want it to coat the string well.

2. Cut string and place in paint

You will need a piece for each colour used. Cut the string into lengths of 50-75cms. Add a piece of string to each paint pot, leaving a paint free end that you can pick up. Press the rest of the string into the pot so it is fully covered using a mixing stick.

3. Prepare paper

Fold a piece of card or heavy paper in half, place on a flat stable surface

4. Open and add string

Open up your paper and lay one of the pieces of string on one side of the paper, create a shape on the paper. Leave a "tail" sticking out of the bottom! You may need to use the mixing stick to remove some paint from the string as you pull it out of the pot. If you don't, you may end up with paint blobs.

5. Close paper and press with book

Fold the paper over the string and place a book or other heavy flat object on top.



6. Pull the string out. Hold down the book with one hand and slowly pull out the string with your other hand. It will make a squeaky noise! That's a sign you are doing it correctly! Just be sure not to put so much pressure on the book that the string breaks. Place the string back in the paint cup afterwards.

7. Open it up

Remove the book and open up your paper to reveal an incredible image.

8. Repeat the process above with 2-3 more colours. It's incredible to see the layers! You might want to leave a bit of drying time between each colour or see what happens when they mix.

Have the paper towels ready for cleaning as you go.

Children will experiment with different lengths of string, different sizes of paper, with the shape they drop onto the paper. You can talk to them about the things they notice, e.g.: what happens when blue and yellow mix? What do they notice about the image they have made when it is opened, so you could talk about mirror images or symmetry.

Whatever you do, enjoy!

