

Noah's Ark News

14th October 2022

Dear Parents and Carers,

There has been a focus on Development this week at Pre-school. Key people have been encouraging children to carry out tasks independently, such as putting on their coats when it is time to play outside and using a knife to cut up their fruit at snack time. We have also been thinking about the importance

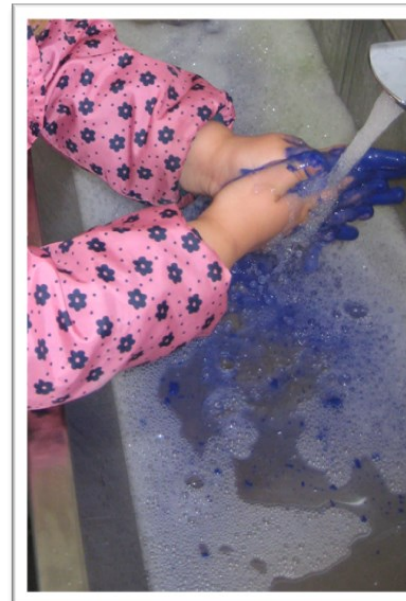
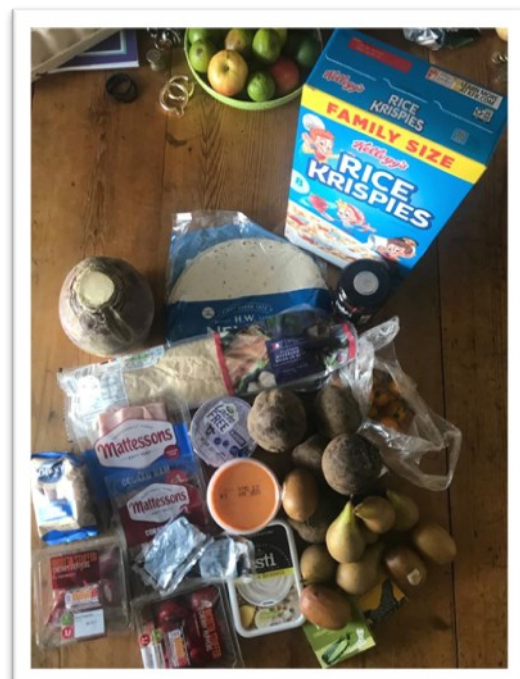
of washing and drying our hands both to foster independence and also to prevent spreading germs to one another.



The children have been enjoying the woodwork activity for a second week running as it has proved to be very popular with them all!

With the current cost of living increases, we wanted to share details of a low cost food option that is available to everybody in Bristol. Family Action has launched A Food On Our Doorstep (FOOD) club

to provide good-quality food at a low cost, while also reducing food waste. It costs just £1 a year for a family to become a member. Once you've joined, you can purchase a bag of tasty food items every week worth approx. £10-£15 for just £3.50! There is an example of what is included in a food bag in the image on the left. To become a member you must live or work within approximately 15 minutes of a club. To find a list of clubs, please visit their website here: [Food On Our Doorstep - Family Action \(family-action.org.uk\)](https://www.family-action.org.uk) or email the organiser on Bristolfoodclubs@family-action.org.uk for some more information.



Wishing you a lovely weekend,
The Noah's Ark Team.

www.noahsarkps.org.uk

Tel: (0117) 9446229

UK Charity no. 1112004

Email: office@noahsark.org.uk

