

Noah's Ark News

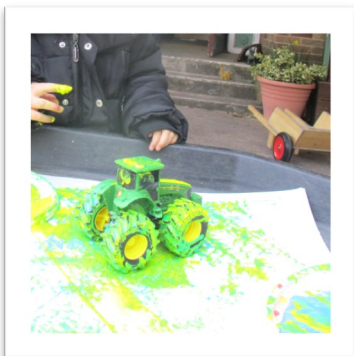
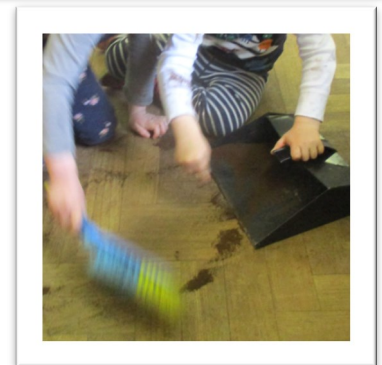
5 March 2021

Cooking and Cleaning

This week we have been keeping warm and well nourished making pea and mint soup. It's a really simple recipe made with ingredients which are easily accessible. Fresh mint grows very easily in the garden and ours is just starting to grow new shoots. I always find it very satisfying to cook with things I have grown. If you want to have a go at home, the recipe is at the end of this newsletter.

We have also been doing lots of mark making. Not just with pens and chalk, but by using paint and even used coffee granules, to make marks with cars, tractors and diggers.

The coffee was particularly exciting and a great way to reuse waste that would otherwise go straight in the bin, but it did get a bit messy, so of course we had to tidy up too!



Don't forget to bring in your painted stones celebrating something that you are thankful for. If you haven't done one already, maybe you could have a go over the weekend. We look forward to making a display in our playground.

Enjoy the weekend,

Best wishes,

The Noah's Ark Team

Makaton Sign of the Week

Our sign of the week is "Outside"
To see a video of this sign see
<https://www.youtube.com/watch?v=1dsOii0XHlg>



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Pea and Mint Soup Recipe



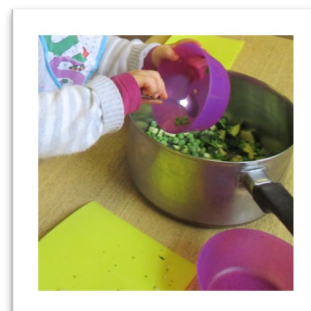
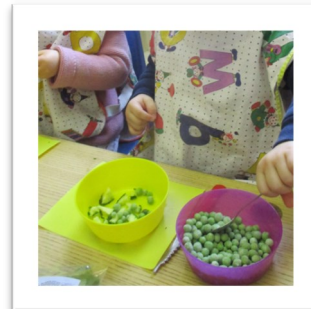
[This Photo](#) by Unknown

Ingredients:

Frozen Peas
Courgette
Fresh Mint
Vegetable stock

Method:

Cut up courgette
Tear and cut mint
leaves
Mix with peas
Add the stock



You will need a grown up to help you to cook vegetables with stock and blend into soup.